

# go-adventuresports get outdoors!

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## Team Project Events

Team Project Events (TPEs) are an opportunity for groups and teams to participate in a combination of traditional teambuilding activities and a community service project. The TPE will consist of the following:

- *Games* are activities that serve as icebreakers - encouraging participants to relax, act silly, and remove some of the barriers that normally keep individuals from cooperating with one another. Games are the simplest form of team challenge.
- *Initiatives* are activities that require group members to identify a problem, make a plan for solving that problem, and initiate their plan. These challenges foster communication, commitment to the group, and leadership roles among the group members.
- *Trust Activities* require significant commitment and communication from members of the group. Many activities bring participants off the ground, calling for *spotters*, and other safety considerations.
- *Service Project* will give participants an opportunity to take part in some construction or maintenance project on the Button Farm property.
- *Frame-up and Debrief* – One of the integral elements of the TPE is the frame-up and debrief – a time in which your teams will formulate the goals, outcomes and development of the project, as well as relating the progress of the day to the development of teamwork and productivity



### **Sample Itinerary** (always tailored to fit your needs)

**9:00 am – small group introductions**

**9:15 am – ice-breakers**

**9:45 am – group initiatives – speed ball, group puzzle, group juggle, etc.**

**10:15 am – project planning – define the goals, strategize the design and logistics...**

**12:00 pm – LUNCH**

**12:45 pm – TPE – construction or maintenance project in small teams**

**6:30 pm – DINNER and debrief**

**8:00 pm - END**