

go-adventuresports get outdoors!

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Adventure Challenge

Thank you for your interest in the Adventure Challenge with **GO-AdventureSports!** This self-led rotational teambuilding event incorporates traditional team building activities with a less intense, recreational program. We will develop a day that is tailored specifically for your group, its goals, time constraints and physical abilities or liabilities.

The Way it Works...

- Groups will have different roles to fill (leader, scribe, time-keeper, goal-keeper, liaison).
- Facilitators will be available to answer questions and check for safety.
- Groups will rotate from activity to activity, working on communication, problem-solving, and building trust among their members.
- "Time" doesn't begin until planning is complete, however there is a rotational time limit (usually 25 minutes).
- The Final Challenge will bring everyone together to solve a difficult challenge...



***Basic Itinerary:** *(Times can be changed to meet the goals of your group.)*

9:30 am – group arrives: check medical waivers and brief overview of the day's events.

9:35 am – warm-up games – tag variations, etc...

9:50 am – break into groups, small group introductions – discuss accident potential, challenge by choice philosophy, program rules, instruction books, etc...

10:30 am – rotation 1

10:55 am – rotation 2

11:20 am – rotation 3

11:45 am – rotation 4

12:10 pm – LUNCH

12:50 pm – rotation 5

1:15 pm – rotation 6

1:40 pm – FINAL CHALLENGE (Object Retrieval)

2:00 pm – Debrief

2:15 pm – END

*Our instructors are highly skilled and experienced. Most have been working in the adventure industry for over 10 years and have instructed hundreds of groups. We believe that you can pay more for such a program, you might pay less for a similar program, but you will not get a better program than with **GO-AdventureSports.**